

HPS 462 - ADAPTED HUMAN PERFORMANCE**SIMULATED EXPERIENCE**

Please answer the questions at the end of each station before moving to the next. These are reaction questions and therefore no right or wrong answers. Hand in your completed sheet at the end of class.

STATION 1**Part A**

1. What did you learn and/or feel as a result of being in a wheelchair and/or using crutches, canes or walker?

2. Were the telephone, water fountain or vending machine controls accessible and comfortable to use? How could these machines be improved?

3. Did you feel embarrassed or think people were watching you?

Part B

1. How well could you throw or catch the ball? Was your performance affected?

2. What were two different ways to get the ball into the scoop when it fell to the floor?

3. Did everyone in the game have fun and experience success?
Explain your answer.

STATION 2

1. What did you learn about yourself . . .
 - a. As the teacher

 - b. As the "hearing impaired" student?

STATION 3

1. How did you feel as the "blind" person and the sighted leader?

2. When you were playing the role of the "blind person", which type of lead allowed you to be more independent and in control of your own movement?

3. What directions did you need to give the "blind" person to help catch or trap the ball?

STATION 4

Part A

1. What impairment/disability did this experience simulate?

2. How did you feel about your attempt to trace the star?
(circle one word in each pair of words)

OK - confused proud - ashamed tense - relaxed

dumb - smart good - bad happy - sad

STATION 4

Part B

1. What adjustments did you make to complete the manipulative tasks listed above?
2. What are other ways you might be impaired if a part of your body, other than your thumb, was missing or did not function properly?

STATION 5

Part A

1. Did you feel secure or insecure as you walked around the area? Did you change the way you usually walk?
2. Explain why a white ball was easiest or harder to catch as compared to a brightly colored ball.

Part B

1. Could you hear the ball to receive it?
2. Why was it easier to perform tasks "a" and "b" as compared to task "c"?

STATION 6 - Arm and Leg amputation

1. What was most difficult?

Arm:

Leg:

2. How was your balance?

Arm:

Leg:

3. What activities would having an amputation affect?

Arm:

Leg:

STATION 7 - Cerebral Palsy

Part A & B

1. What did you feel doing these activities?

2. What other activities would be more difficult to do with poor motor skills?

3. Would you plan your life differently because of this problem? How?

4. How would activities of daily living change?